



Welcome to Delta Presbyterian Church!

Today is September 24, 15th Sunday after Pentecost. The Scripture Lessons are Romans 3:21-26 and Hebrews 11:1-7, and the Proclamation of the Word is entitled "Faith Alone". At 6:30 pm, we will be having our monthly Taizé Prayer Service.

Points to Ponder: What can we do to do strengthen our relationship and trust in God?
Where are we being called to step out in faith, trusting God?

Meetings and Activities This Week

Today	16 th Sunday after Pentecost
	10:00 am Worship
	6:30 pm Taizé Prayer Service
Monday	9:30 am An Exercise in Yoga
	3:00 pm Mad Hatters
	6:30 pm Session
Wednesday	9:30 am Quilting
	10:00 am La Leche
Thursday	6:15 pm Bellievers
	7:30 pm Celebration Choir
Saturday	4:00 pm MSU vs Iowa Concessions
Sunday	17 th Sunday after Pentecost
	Change for Change
	10:00 am Worship/Communion
	11:15 am Fellowship Meal

Next Sunday

Sunday, October 1, 17th Sunday after Pentecost, World Communion Sunday. The Scripture Lessons are Isaiah 40:6-11 and 2 Timothy 3:14-4:5, and the Proclamation of the Word is entitled "Scripture Alone". We will be celebrating the Sacrament of Holy Communion and collecting our monthly Change for Change for children's ministry. There will be a Fellowship Meal after worship.

Announcements

Let Us Know. When you have prayer requests, would like a visit, are going to be out of town, or have a change in your contact information, please fill out a Communication Update form (next to the guest register) and place it in the box.

Prayer Requests may be made using several methods. You may call or email the office, send an email prayer request (look on back page of these announcements for details), or you may fill out a pink slip that is available at the Commitment Center and turn it in at either the sound desk or the church office.

Weekly Reminders. Delta sends out weekly email reminders of upcoming worship services and other events. If you are not currently receiving these emails and would like to, please contact the church office at office@deltapresby.org and we will add you to the list.

Visit the Commitment Center and sign up to:

- Provide refreshments for **Sunday Coffee Time**
- Support **Advent House Meals** (for the homeless in Lansing) by providing food, assembling sandwiches
- Work at the MSU football games or pick up your background check form for the **MSU Concessions Booth**
- Give us contact information of families interested in **Friday Night Fun**
- Bring food for the **Fellowship Meal on October 1**

Visit the blue Friday Night Fun bulletin board and sign up to:

- Help with **Friday Night Fun, 6-9 pm, Oct. 13**

Children's Ministry

Do You Know Any Families Who May be Interested in Friday Night Fun? There is a list at the Commitment Center where you can leave us the contact information of those families, or email the information to office@deltapresby.org. Our regular Friday Night Fun program is available to children ages 3 (and potty trained) through 4th grade. The SUBMERGE program is open to children in 5th-9th grades. Or pick up a brochure .at the Commitment Center to give them.

Friday Night Fun. Our next Friday Night Fun is Friday, October 13, and we are in need of volunteers for that evening. Sign-up sheet is on the blue Friday Night Fun bulletin board in the narthex.

Adult Education

An Exercise in Yoga, led by Jane Thomas, meets on Mondays, 9:30-10:30 am. The class is held in the multi-purpose room, so please use the downstairs entrance at the back of the building.

New Member Classes. If you are interesting in seeing what it means to be a member of Delta Presbyterian Church, please plan to attend the New Member Classes on Oct. 22 & 29, right after worship.

Survey. We are offering a survey about options for one-time adult education classes, seeking your input on topics, timing, format, and such. Surveys are at the Commitment Center.

Opportunities to Serve at Delta and Beyond

Delta Quilters are looking for people to join their wonderful ministry and fellowship. They meet downstairs on Wednesday mornings at 9:30 am. You don't even need to know how to quilt or sew; there are also opportunities to cut or iron or pin. If you have any questions, just ask Rhonda Fort or Trudie Frick.

School Supplies. Thank you to all who have donated school supplies. Some have already been given to Delta Center, and they were very grateful. We will deliver the remaining supplies to Elmwood and Winans.

MSU Concessions. For over 35 years, Delta Presbyterian Church has run a Concessions Booth at the MSU home football games. We need 20-24 volunteers for each game to successfully operate the booth. The sign-up poster is now at the Commitment Center. Everyone who would like to help must submit a background check form to MSU before you can work the stand. Forms are available at the Commitment Center.

Mad Hatters, Knitting & Crocheting service group is meeting in the La Leche Room downstairs on Mondays, 3-5 pm. If you have any questions, please contact Flora Gilbert at 517-708-0529.

Help support hurricane victims. Support Presbyterian Disaster Assistance's emergency response and long-term recovery work in the areas affected by Hurricanes Harvey & Irma. Please see the PDA inserts at the Commitment Center.

Used Eyewear needed. In January, a Calvin College study-abroad course will be travelling to Tijuana, Mexico, to perform eye exams and dispense eyeglasses to an underserved population. The Lion's Club provides many of the glasses for this trip. Any used or new eyeglasses you donate will support their efforts. Collection box is at the Commitment Center.

Mi. Presbyterian Pilgrimage October 29-30. A pilgrimage is a renewal meant for those who are already faithful and committed to Christ and His church. For more information contact the MPP website or John Tucker 256-0363.

Fellowship

Fellowship Meal. The next Fellowship Meal is on Sunday, October 1. You are asked to bring your favorite International food. The sign-up sheet is at the Commitment Center.

Critter Update

The extensive work repairing the critter damage has been completed.

<i>Final cost of completed work:</i>	\$23,661.65
<i>Insurance payment:</i>	2,500.00
<i>Donations to date:</i>	4,605.00

We are asking members of the congregation to consider a contribution to the Eaton Fund to help with the expense, as we want to have money available for future needs. (Envelopes are available at the Commitment Center.) You might also want to consider remembering the church in your will so there will be money available for future building emergencies.

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Church Office Hours

Tuesday - Friday, 9:00am – 3:00pm

Celebrating the 500th Anniversary of the Reformation

On October 31, 1517, a monk named Martin Luther challenged his colleagues to a debate by posting 95 theses on the door of the church in Wittenberg, Germany. Luther was concerned about the sale of indulgences. While this sale was great for supporting building programs and the church, the theology (that unforgiven sins resulted in people spending time in purgatory, and indulgences would shorten their time in purgatory after death) was not in line with Luther's understanding of how we receive salvation. The university professors with whom Luther worked were not interested in debating the matter, and since they were written in Latin, very few people outside of the university could read them. Once they were translated into German, interest grew, and the Protestant Reformation began.

We will be considering the themes of the reformation as we move toward the 500th anniversary of the Reformation, beginning with the five *solas* (alone or only in Latin) that were pulled from the teachings of the reformers and stood in contrast to the Roman Catholic Church:

Sunday, September 24

Romans 3:21-26

Hebrews 11:1-7

Reformed: Faith Alone

Sunday, October 1

World Communion Sunday

Isaiah 40:6-11

2 Timothy 3:14-4:5

Reformed: Scripture Alone

Sunday, October 8

1 Timothy 2:1-8

John 14:1-7

Reformed: Christ Alone

Sunday, October 15

Ephesians 2:1-10

Matthew 20:1-16

Reformed: Grace Alone

Sunday, October 22

Ephesians 3:14-21

Luke 2:8-14

Reformed: Glory to God Alone

Sunday, October 29

Reformation Sunday

2 Kings 22:1-13

2 Kings 23:1-3

Reformed: Reforming According to the Word of God

Sunday, November 5

Stewardship Sunday

New Members

Isaiah 43:15-21

Revelation 21:1-6

Reformed: Into the Future

Taizé Prayer Service will be today, Sept. 24, at 6:30 pm. This monthly service of Scripture, prayer, silence, and song, involves people from several churches: Delta, Bretton Woods, Immanuel Community Reform, St. John's Student Parish, and Trinity.

Effectively Using Silence in Prayer and its Benefits

During our monthly Fourth Sunday Taizé Prayer service at Delta Presbyterian Church, we offer two periods of silence, one is five minutes long and the other is ten minutes long. At first this time can seem daunting as using silence effectively does take some practice. Some people may wonder what exactly they should be doing during the silent periods. Here are some tips to help you get started:

1. **Meditate**- The word meditation for some people can sound like a foreign concept, but meditation is not limited to sitting in a lotus pose and chanting "om". Meditation has been used by Christians for centuries and can be as simple as reading through your bulletin. Try silently and slowly reading through the Scripture passage and/or the words to the songs several times. You may find these words taking on new meaning for you as you spend time contemplating them.
 2. **Pray**- Certainly, we do not always make the time and space for uninterrupted prayer times. These periods of silence are intentionally carved out to allow you to enter into conversation with God through prayer. Simply use the time allowed to lift your personal prayer concerns and prayers of thanksgiving or praise to God. Spending this time in prayer can allow you to feel a stronger connection with God.
 3. **Journal**- Try bringing along a notebook and a pen and spend some time writing out your thoughts or your prayers. Writing down your thoughts can help provide more focus and a sense of structure to your silent time. Research has shown that even short periods of journal writing have positive effects on mental and physical health.
 4. **Practice mindfulness**- Start by being more aware of your 5 senses instead of the thoughts in your mind. Focus on your breathing, allowing it to be natural and relaxed. You can close your eyes or find somewhere to gaze softly, like the bank of candles up front. Try to allow yourself the space and time to be at peace in the current moment, not spending too much time thinking about events of the past or demands of the future. Many studies have shown mindfulness to have positive effects on a wide variety of mental and physical health problems such as anxiety, depression, and chronic pain.
- All of these things can be used together or separately during the quiet times. You may choose to try one or all of these as you find out what works best for you. You can also try incorporating these ideas into our times of singing together. Just as with anything, the more you practice, the more comfortable you will be with these periods of silence.

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CHURCH STAFF

Wendy S. Pratt, Pastor
Sue Settle, Clerk of Session
Sarah Dymond, Handbell Choir Dir.
Mark McElwee, Adult Choir Dir.
Frederick Isaac, Accompanist
Sarah Dymond, Financial Secretary Joe Frick, Treasurer
Kyle Dymond, Website Coordinator
Jane Thomas, Program Director of KIDS HOPE USA
Cindy Schilling, Assistant Director of KIDS HOPE USA
Cheyenne Storey, Youth Leader

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SESSION MEMBERS

Class of '17

Susan Keys
Bonnie Reemsnyder
Terri Westmoreland

Class of '18

Kyle Dymond
Jan Small
Sharon VanCourt

Class of '19

Kerri Buchanan

DEACONS

Class of '17

Julie Boedeker
Rhonda Fort
Joe Frick

Class of '18

John Elsinga
Mary Meier
Ginny Noble

Class of '19

Kris Fry
Mark McElwee
Kathy Peters

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We want to minister to you and support you, so if you, someone in your family, or others are in the hospital or in need of a visit or prayer, please contact the office or your deacon.

Email Prayers. If you would like to receive email prayer requests, send an email to deltaprays@gmail.com indicating your interest. If you have a situation in need of prayer, send an email to deltaprays@gmail.com and we will send it out to those who have expressed a willingness to pray.

Wendy's day off is Friday. If you need to contact Wendy, her home phone is 721-1075, or she can be reached through e-mail at wendy@deltapresby.org. Please feel free to contact her at any time if you have an emergency.

Delta Presbyterian Church

6100 W. Michigan Ave. Lansing MI 48917 • (517)321-3569

Rev. Wendy S. Pratt, Pastor

Website: www.deltapresby.org • office@deltapresby.org

Servants

Lay Leaders

Today: Cory McElwee
Oct. 1: Maureen Dykstra

Welcome Visitor Greeters

Today: Terri Westmoreland
Oct. 1: Kris Fry

Door Greeters

Today: Knapps
Oct. 1: VanCourts

Communion Servers

Oct. 1:

Prayer Care, September 24, 2017

Those impacted by natural disasters

Elizabeth N., pneumonia

Jillian B., mild concussion from falling off a horse

Lavern J., in hospice care, step-father of Doug D.

Mary Jo K., surgery recovery

Judy P., stroke recovery

Clayt P., high blood pressure issues, cousin of Kathy P.

Pam D., injuries from car/bike accident, niece of Kathy P.' friend, Sharon W.

Wendy J., inoperable brain tumors, wife of Baptist pastor, Tim J., neighbor of Richard & Mary M.

Continuing Prayers, September 24, 2017

Cherie V., health concerns, mother of Jon V.

Dawn, cancer treatment, neighbor of V.'s

Carol, cancer treatment, cousin of Kathy P.

Annetta C., pancreatic cancer, friend of Fran J.

Bob B., fell, broken shoulder, brother of Rhonda F.

Gail K., recovery from kidney removal, sister-in-law of Jack K.

June H., pancreatic cancer, aunt of Doug D.

Sarah J., surgery recovery, former Delta Child Care Provider

Evelyn R., health concerns, mother of Jan S.

Betty W., in hospice care, mother of Cindy S.

Emily B., cancer, mother-in-law of Mary Ann M.'s daughter, Suzanne

Al W., stomach cancer, friend of Richard & Mary M.

Martha P., personal issues, friend of Holly & David B.

Kaleb B., non-Hodgkins lymphoma, 3 year old son of Todd and Dustie B., friends of Frank & Ellen J.